

# – Specialty Coffee Makers – FRENCH PRESS

This portable press goes anywhere you go—from breakfast in bed to a relaxing cup on the patio.

#### WHAT YOU NEED

- French press
- kettle
- · coffee beans
- grinder
- measuring tools
- stirring spoon
- coffee cup(s)
- thermal carafe

#### WHAT IT IS

Also known as a press pot, this is the easiest way to brew rich, full-bodied coffee at home. The French press brews coffee with an exceptionally robust mouthfeel that may include a trace of sediment from the freshly ground beans.

## **HOW IT WORKS**

Ground coffee is steeped in hot water, then pressed to filter the brewed coffee.

### **SECRETS TO SUCCESS**

A coarse grind and precise timing.

## **STEPS**

1 | GRIND THE BEANS

Use coarsely ground beans, which allow for slower, more even extraction.

1 ADD COFFEE TO THE POT

Add 10 grams of coffee per 6 oz. of water. Adjust proportions for a stronger or weaker brew.

 $\mathbf{Q}\mid$  add hot water

Pour the water vigorously into the pot, moving the stream around so that you evenly saturate all the grounds. Don't fill the pot completely – coffee grounds will expand during brewing.

STIR THE POT

Gently stir the grounds to make sure they're evenly saturated, and then put the lid on the pot. 🔀 | START TIMING

Set your timer for 4 minutes.

 $oldsymbol{C}\mid$  press the pot

At exactly four minutes, slowly push down on the press. Be firm but gentle – you may have to press and release a few times to work all the grounds to the bottom.

- | POUR YOUR COFFEE

Serve coffee as soon as you've finished pressing the pot. If you've brewed more coffee than will fit into your cup(s), transfer the coffee to a thermal carafe to prevent over-extraction.