DUO EVO™ PLUS
6 and 8 Quart
Multi-Use Pressure Cookers

User Manual

Important Safeguards
Product Specifications
Initial Setup
Product, Parts and Accessories
Smart Program Settings
Cleaning Before First Use
Overview of Pressure Control
Features
Pressure Cooking with the
Duo Evo Plus
Initial Test Run (Water Test)
Recommended Cooking Times
Grain-to-Water Ratios
Care and Cleaning
Troubleshooting
Warranty
Contact Information
Welcome to the world of Instant cooking.

Thank you for welcoming us into your kitchen.

Having families ourselves, we developed the Instant Pot® Duo Evo™ Plus pressure cooker to allow busy families and professionals alike to cook healthy, delicious meals more easily and in less time.

We have partnered with chefs, authors and bloggers to compile a collection of recipes that we hope you enjoy!

Happy cooking,

Robert J. Wang
Founder and Chief Innovation Officer

Download the Instant Pot App
• 1000+ Original Recipes
• New User Tips
• Getting Started Videos

Find helpful怎么 to videos, download the app, or visit our recipe site.
# Table of Contents

- IMPORTANT SAFEGUARDS .................................................................................................................. 5
  - Special Cord Set Instructions ..................................................................................................... 10
  - Product Specifications .............................................................................................................. 10
- Initial Setup .................................................................................................................................... 11
- Product, Parts and Accessories ....................................................................................................... 12
- Control Panel .................................................................................................................................. 18
  - Progress Indicator and Status Icons ....................................................................................... 20
  - Status Messages ....................................................................................................................... 21
- Smart Program Settings ................................................................................................................ 22
  - Turn Sound On or Off ................................................................................................................ 22
  - Change Temperature Scale (°F or °C) ..................................................................................... 22
  - Manual Keep Warm .................................................................................................................. 22
  - Reset to Factory Default Settings ........................................................................................... 23
- Cleaning Before First Use .............................................................................................................. 24
- Overview of Pressure Control Features ....................................................................................... 25
  - Pressure Cooking Lid ............................................................................................................... 25
  - Sealing Ring ............................................................................................................................... 27
  - The Float Valve ......................................................................................................................... 28
- Pressure Cooking With The Duo Evo Plus ................................................................................... 29
  - Introduction to Pressure Cooking ............................................................................................ 29
- Depressurizing the Cooker ............................................................................................................ 31
  - Venting Methods ....................................................................................................................... 31
- QuickCool ....................................................................................................................................... 33
- Initial Test Run ............................................................................................................................... 34
- Using Pressure Cooking Smart Programs .................................................................................... 35
  - Smart Program - Pressure Cook, Rice/Grain, Bake ................................................................. 35
Table of Contents

Using Non-Pressure Cooking Smart Programs ................................................................. 38
  Smart Program: Bake ................................................................................................. 38
  Smart Program: Steam and Slow Cook ................................................................. 40
  Smart Program: Sauté ............................................................................................... 42
  Smart Program: Sous Vide ....................................................................................... 44
  Sous Vide Cooking Guidelines ............................................................................. 46
  Smart Program: Yogurt ............................................................................................ 48
Smart Program Overview ......................................................................................... 51
Recommended Cooking Times .................................................................................. 53
  Pressure Cooking Timetable ................................................................................. 53
  Grain-to-Water Ratios ......................................................................................... 54
Care and Cleaning .................................................................................................... 55
Troubleshooting ....................................................................................................... 56
Warranty .................................................................................................................. 59
Contact Information ................................................................................................. 61
IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed:

1. READ THE GETTING STARTED GUIDE AND ALL INSTRUCTIONS, SAFEGUARDS AND WARNINGS BEFORE OPERATING THE APPLIANCE. FAILURE TO FOLLOW THESE SAFEGUARDS AND INSTRUCTIONS MAY RESULT IN INJURY AND/OR PROPERTY DAMAGE.

2. Use only the Instant Pot Duo Evo Plus lid with the Instant Pot Duo Evo Plus pressure cooker base. Using any other pressure cooker lids may cause injury and/or damage. The Instant Pot tempered glass lid, which can be purchased separately, may be used for non-pressure cooking.

3. To reduce the risk of pressure leakage, cook only in an authorized stainless steel Instant Pot inner pot. DO NOT use the appliance without the removable inner pot installed.

4. Always operate the appliance on a stable, non-combustible, level surface.

5. Do not use the appliance for anything other than its intended use. Failure to do so may result in injury or property damage.

6. For household use only. Do not use outdoors. Not for commercial use.

7. CAUTION Do not place the appliance on or in close proximity to a hot gas or electric burner, or a heated oven. Heat from an external source will damage the appliance. Failure to follow these instructions may result in injury or property damage.

8. CAUTION Do not use the appliance near water or flame. Keep out of direct sunlight. Failure to follow these instructions may result in injury or property damage.

9. CAUTION Do not touch hot surfaces. Only use side handles for carrying or moving. Extreme caution must be used when moving the appliance containing hot liquids. Do not move the appliance when it is under pressure.

10. CAUTION The cooker base contains electrical components. To avoid electrical shock, do not put liquid of any kind into cooker base, and do not immerse power cord, plug or the appliance in water or other liquid. Do not rinse the appliance under tap.

11. CAUTION Do not fill over Max PC Fill as indicated on the inner pot. When cooking foods that expand during cooking such as rice or dried vegetables, do not fill the inner pot over Half Fill line. Overfilling may cause a risk of clogging the steam release pipe and developing excess pressure.

WARNING Read this manual carefully and completely, and retain for future reference. Failure to adhere to safety instructions may result in serious injury.
IMPORTANT SAFEGUARDS

12. **WARNING** This appliance cooks under pressure. Inappropriate use may result in burns, injury and/or property damage. Make certain the appliance is properly closed before operating.

13. When cooking meat with skin (e.g. sausage with casing), the skin can swell when heated. Do not pierce the skin while it is swollen; this could result in scalding injury.

14. **CAUTION** When pressure cooking food with a doughy or thick texture, or a high fat/oil content, contents may splatter when opening the lid. Please follow recipe instructions for pressure release method. Refer to [Depressurizing the Cooker](#).

15. **CAUTION** Before each use, check the steam release valve/handle, steam release pipe, anti-block shield and float valve for clogging. Refer to the [Pressure Cooking Basics](#). Failure to do so may result in injury or property damage.

16. **DANGER** Do not open the appliance until it has depressurized and all internal pressure has been released. If the float valve is still up and/or the lid is difficult to open, this indicates that the appliance is still pressurized – do not force it open. Any pressure in the appliance can be hazardous. Refer to [Depressurizing the Cooker](#) in this manual for information on releasing pressure. Opening appliance while it is still pressurized may lead to sudden release of hot contents and may cause burns or other injuries.

17. Do not use this appliance for deep frying or pressure frying with oil.

18. Do not lean over or place your hands or face over the steam release valve/handle or float valve when the appliance is in operation or has residual pressure. Do not touch the metal portion of the lid when the appliance is in operation; this could result in injury.

19. Do not cover or obstruct the steam release valve/handle and/or float valve with cloth or other objects. Obstructing the steam release valve/handle and/or float valve can create a safety issue and may cause injury.

20. Turn the appliance off if steam escapes from the steam release valve/handle and/or float valve in a steady stream for longer than 3 minutes. There may be residual pressure in the appliance. Allow the appliance to depressurize naturally or release all excess pressure before opening. For more information on how to release pressure, refer to [Troubleshooting](#).

21. Turn the appliance off if steam escapes from the sides of the lid and ensure sealing ring is properly installed. Refer to [Pressure Cooking Basics](#) for information on checking the sealing ring.

---

Read this manual carefully and completely, and retain for future reference. Failure to adhere to safety instructions may result in serious injury.
IMPORTANT SAFEGUARDS

22. To disconnect, select Cancel, then remove plug from power source.

23. Unplug from the outlet when not in use, as well as before adding or removing parts or accessories, and before cleaning. To unplug, grasp the plug and pull from the outlet. Never pull from the power cord.

24. Regularly inspect the appliance and power cord. Do not operate the appliance if the power cord or plug is damaged, or after the appliance malfunctions or is dropped or damaged in any manner. For assistance, contact Customer Care at support@instantpot.com or 1-800-828-7280.

25. **CAUTION** Do not let the power cord hang over edges of tables or counters, or touch hot surfaces or open flame, including the stovetop.

26. **CAUTION** Spilled food can cause serious burns. A short power-supply cord is provided to reduce the hazards resulting from grabbing, entanglement and tripping.
   - Keep the appliance and cord away from children.
   - Never drape the power cord over edges of tables or counters.
   - Never use below-counter power outlets, and never use with an extension cord.

27. Intended for countertop use only. Keep the appliance on a stable, heat-resistant platform. Do not place on anything that may block the vents on the bottom of the appliance. Do not place on a hot stove.

28. **CAUTION** Do not use any accessories or attachments not authorized by Instant Brands™ Inc. The use of attachments not recommended by the manufacturer, may cause a risk of injury, fire or electric shock.

29. **CAUTION** Before inserting the inner pot into the appliance, clean the outer surface of the inner pot and the heating element located on the inner surface of the outer pot with a clean dry cloth. Ensure they are dry and free of food debris. Refer to Care and Cleaning. Failure to do so may result in injury or property damage.

30. Do not attempt to repair, replace, or modify components of the appliance, as this may cause electric shock, fire or injury, and will void the warranty.

31. Do not tamper with any of the safety mechanisms, as this may result in injury or property damage.

32. Do not use the appliance in electrical systems other than 120 V / 60 Hz for North America. Do not use with power converters or adapters.

---

**WARNING**

Read this manual carefully and completely, and retain for future reference. Failure to adhere to safety instructions may result in serious injury.
33. This appliance is NOT to be used by children or by persons with reduced physical, sensory, or mental capabilities. Close supervision is necessary when any appliance is used near children and these individuals. Children should not play with this appliance.

34. To prevent personal injury and damage to the appliance, only replace the sealing ring with an authorized Instant Pot sealing ring.

35. The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.

36. Proper maintenance is recommended after each use. Refer to Care and Cleaning. Let the appliance cool to room temperature before cleaning or storage.

37. Never connect this appliance to an external timer switch or separate remote-control system.

38. **CAUTION** DO NOT touch accessories during or immediately after cooking. To avoid personal injury,
   - Always use oven mitts when removing accessories, and to handle the inner pot.
   - Always place hot accessories on a heat resistant surface or cooking plate.
   - Use extreme caution when disposing of hot grease.

Failure to do so may result in serious injury or property damage.

39. **CAUTION** Do not leave the appliance unattended while in use.

40. **CAUTION** Extreme caution must be used when the inner pot contains hot oil, hot food, or hot liquids. Improper use, including moving the cooker base, may result in personal injury. Do not move the appliance while it is in use.

41. Oversized foods and/or metal utensils must not be inserted into the inner pot as they may cause risk of fire and/or personal injury.

42. Do not store any materials in the cooker base or inner pot when not in use.

43. Do not place any combustible materials in the cooker base or inner pot, such as paper, cardboard, plastic, Styrofoam or wood.

44. Do not use the included accessories in a microwave, toaster oven, convection or conventional oven, or on a ceramic cooktop, electric coil, gas range, or outdoor grill.

**WARNING** Read this manual carefully and completely, and retain for future reference. Failure to adhere to safety instructions may result in serious injury.
45. The removable inner pot can be extremely heavy when full of ingredients. Care should be taken when lifting the inner pot from the cooker base to avoid burn injury.

46. Use caution when removing the lid. Heat and steam escapes as soon as the lid is removed. Never place your face, hands or exposed skin over the appliance opening where heat and steam escapes when removing the lid.

SAVE THESE INSTRUCTIONS.
IMPORTANT SAFEGUARDS

⚠️ WARNING
To avoid injury, read and understand instruction manual before using this appliance. Failure to do so may result in injury.

⚠️ WARNING
Electrical shock hazard. Use grounded outlet only. DO NOT remove ground. DO NOT use an adapter. DO NOT use an extension cord. Failure to follow instructions can cause electric shock or death.

⚠️ WARNING
THE FAILURE TO FOLLOW ANY OF THE IMPORTANT SAFEGUARDS AND THE IMPORTANT INSTRUCTIONS FOR SAFE USE IS A MISUSE OF YOUR APPLIANCE THAT CAN VOID YOUR WARRANTY AND CREATE THE RISK OF SERIOUS INJURY.

Special Cord Set Instructions
As per safety requirements, a short power supply cord (0.6 m to 0.9 m / 24" to 35") is provided to reduce the hazards resulting from grabbing, entanglement and tripping.

This appliance has a 3-prong grounding plug. To reduce the risk of electric shock, plug the power cord into a grounded (earthed) electrical outlet that is easily accessible.

Product Specifications

<table>
<thead>
<tr>
<th>Model</th>
<th>Capacity</th>
<th>Voltage</th>
<th>Power</th>
<th>Weight</th>
<th>Dimensions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duo Evo Plus 6</td>
<td>6 Quarts / 5.7 Ls</td>
<td>120 V~60 Hz</td>
<td>1200 W</td>
<td>13.01 lbs / 5.9 kg</td>
<td>13.03&quot; × 12.68&quot; × 12.8&quot; 33.1 cm × 32.2 cm × 32.5 cm</td>
</tr>
<tr>
<td>Duo Evo Plus 60</td>
<td>8 Quarts / 7.6 Ls</td>
<td>120 V~60 Hz</td>
<td>1400 W</td>
<td>15.83 lbs / 7.2 kg</td>
<td>14.37&quot; × 13.9&quot; × 14.2&quot; 36.5 cm × 35.3 cm × 36 cm</td>
</tr>
</tbody>
</table>

⚠️ WARNING
Read this manual carefully and completely, and retain for future reference. Failure to adhere to safety instructions may result in serious injury.
Initial Setup

- Read all of the Important Safeguards in this User Manual before using the appliance. Failure to read and follow Important Safeguards may result in damage to the appliance, property damage or personal injury.
- Use only the Instant Pot Duo Evo Plus lid with the Instant Pot Duo Evo Plus pressure cooker base. Using any other pressure cooker lids may cause injury and/or damage. The Instant Pot tempered glass lid, which can be purchased separately, may be used for non-pressure cooking.
- Remove all packaging material and accessories from within and around the appliance.
- Place the appliance on a stable, level surface, away from combustible material and external heat sources. Leave at least 5” / 13 cm of space around the appliance.
- Follow Cleaning Before First Use instructions in this manual to clean the appliance before cooking.

⚠️ CAUTION Do not place the appliance on a stovetop.

⚠️ CAUTION Do not place anything on top of the appliance.

⚠️ CAUTION Do not block or cover the steam release assembly located on the lid.
Product, Parts and Accessories

Duo Evo Plus 6 and 8 Quart Pressure Cooker

Before using the Instant Pot Duo Evo Plus, verify that all parts are accounted for.

Illustrations are for reference only and may differ from the actual product.
Product, Parts and Accessories

Top of Lid

Steam Release Assembly
Steam release assembly must be fully installed before use.

Steam Release Cover
Disperses and softens steam release.

Steam Release Valve
Regulates the cooker’s internal pressure. It fits loosely when installed, but should remain in place when the lid is turned over.

Steam Release Pipe
When releasing pressure quickly, steam travels through this pipe from the inner pot to the steam release valve.

Float Valve
Works with the silicone cap (on the bottom of the lid) to seal in steam and help the cooker pressurize. Must be installed before use.

Quick Release Switch
Seal for pressure cooking. Vent for non-pressure cooking and to release pressure.

Lid Fins
To save space and keep the lid off your counter, insert one of the lid fins into the lid holder slots on the cooker base.

Lid Handle
Ergonomic handle to remove lid from cooker base.

QuickCool™ Protective Cover
Removable, for faster Natural Release after pressure cooking.

Lid Position Marker
Use as a guide to open and close the lid.

Illustrations are for reference only and may differ from the actual product.
Product, Parts and Accessories

Bottom of Lid

Anti-Block Shield
Prevents food particles from coming up through the steam release pipe, which assists with pressure regulation. Must be installed before use.

Locking Pin
Locks the lid in the closed position when the cooker is pressurized to prevent accidental opening of the lid.

Silicone Cap
Keeps the float valve in place and assists in pressurization. Must be installed before use.

Sealing Ring Rack
Holds the sealing ring in place. It should be centered in the lid and an even height all the way around.

Sealing Ring
After closing the lid, the sealing ring creates an airtight seal between lid and cooker base. Must be installed before use.

Illustrations are for reference only and may differ from the actual product.
Product, Parts and Accessories

Inner Pot

Fill Line Indicators
Do not fill the inner pot higher than Max PC Fill when pressure cooking.

Stainless Steel Inner Pot
Durable 304 (18/8) stainless steel. Food must be placed in the inner pot, not the cooker base.

Easy-Grip Silicone Handles
Use to easily and safely lift the inner pot from the cooker base, and to hold it in place while cooking.

Flat Bottom
Impact Bonded Tri-Ply bottom for use in the cooker base and on electric, ceramic, gas and induction cooktops.

Illustrations are for reference only and may differ from the actual product.
Product, Parts and Accessories

Cooker Base

Condensation Collector (Rear)
Accumulates excess moisture from the condensation rim. Must be installed before use.

Condensation Rim
Collects excess condensation and directs it to the condensation collector.

Lid Holder
Insert lid fin into lid holder to keep it off your counter and save space.

Outer Pot
Insulates the cooker for optimal energy efficiency.

Heating Element (Interior)
1200/1400 watts for fast, powerful heating.

Power Cord (Rear)
Hardwired and grounded for safety.

Stainless Steel Exterior
Fingerprint resistant.

Control Panel
Select programs and make adjustments to cooking parameters. Cooking time is shown in HH:MM format: 05:20 is 5 hours, 20 minutes.

Illustrations are for reference only and may differ from the actual product.
Product, Parts and Accessories

Lid Standing Position
The Duo Evo Plus is equipped with slots on both the left and right side of the cooker base in which to rest the lid when not in use. The inner pot can easily be removed when the lid is in the standing position.

Illustrations are for reference only and may differ from the actual product.
Display - The LCD display includes the following:

- Status Icons show cooker status as described in Progress Indicator and Status Icons below
- Progress Indicator - Pre-heating/Cooking/Keep Warm
- Timer displays Cooking time, time before Delay Start and time in Keep Warm
- Pressure Level - None/Low/High
- Temperature Level - Custom/Low/High
Control Panel

2 Smart Programs - The 8 Smart Programs provide 48 preset cooking times, temperatures, and pressure levels to choose from.

Pressure Cooking
- Pressure Cook
- Rice/Grain
- Bake

Non-Pressure Cooking
- Steam
- Sauté
- Slow Cook
- Sous Vide
- Yogurt
- Bake (Custom/Proofing)
- Manual Keep Warm

3 Control Dial

Turn the dial to scroll through Smart Programs, modify status icons, adjust time, temperature and pressure levels.

The dial is also a button. Press the dial to confirm your selection.

4 System settings

- Delay Start - Enables the delayed start of a Smart Program up to 24 hours. Can also be used as a kitchen timer.
- Keep Warm - Press to enable or disable manual or automatic Keep Warm function.
- Cancel - Press at any time to stop a Smart Program and return the cooker to Standby mode (display indicates OFF).
- Start - Press to start a Smart Program or begin Delay Start timer.

5 Preset Cooking Options

Once you select a Smart Program you can choose from a variety of preset options using the dial to scroll to the preset of your choice.
Control Panel

Progress Indicator and Status Icons

Status Icons
- Sound On/Off icon
- Delay Start icon
- Keep Warm icon
- °F / ºC indicator

Progress Indicator

When the cooker begins to heat, the progress bar indicates that **Pre-heating** is in progress. The display indicates **On** while pre-heating.

When the cooking process is complete and Keep Warm is on, the progress bar displays **Keep Warm** and the timer counts up the elapsed time to a maximum of 10 hours.

When Keep Warm completes, the display indicates **End**.
Control Panel

Status Messages

OFF Indicates that the cooker is plugged in and is in Standby mode.

Lid Indicates that the pressure cooker lid is not properly secured, or missing.

On Indicates that the cooker is in Pre-heat mode.

05:20 Displays one of the following:
- When Delay Start is running, the display indicates a countdown until the Smart Program begins.
- When a Smart Program is running, the display indicates the cooking time remaining in the Smart Program
- When Keep Warm is selected, the display indicates the length of time that food has been warming.

05:20 Indicates the temperature level as Custom, High or Low. May be adjusted depending on the Smart Program.

Hot After the target temperature has been reached in the Sauté and Sous Vide programs, the display will indicate Hot. The cooker will beep to remind you to add food to the inner pot.

After the cooker beeps, the time indicator will start counting down.

End When cooking is complete, the cooker will display End and return to Standby mode.

If automatic Keep Warm is on, the cooker will warm food contents for up to 10 hours after cooking completes, then display End and return to Standby mode. Refer to Keep Warm for information on automatic and manual warming options.
Smart Program Settings

Turn Sound On or Off
With the cooker in Standby mode (display indicates OFF), press and hold the dial until the Sound icon \(\text{Sound}\) blinks in the upper left corner of the display. Turn the dial to toggle between on and off. Press and hold the dial for 5 seconds to save the change.

All sounds except error alerts can be turned on or off.

Change Temperature Scale (°F or °C)
With the cooker in Standby mode (display indicates OFF), press and hold the dial until the sound icon blinks as indicated above. Press the dial to toggle to the temperature scale setting \(\text{°F}\) and \(\text{°C}\). Turn the dial to toggle between Fahrenheit (°F) and Celsius (°C). Press and hold the dial for 5 seconds to save the change.

Manual Keep Warm
Manual Keep Warm may be set from a minimum of 10 minutes to a maximum of 24 hours, and is perfect for reheating meals or keeping food warm for a long period of time.

Offering a customizable setting, manual Keep Warm allows you to choose a warming temperature from a range of 25°C–90°C / 77°F–194°F.

1. When in Standby mode, press Keep Warm to select the Keep Warm program.
2. When the warming time flashes, you may press the dial to select the default time, or turn the dial to adjust the cooking time. Press the dial to confirm the change and go to the next field.
3. When the temperature level flashes, you may press the dial to select the default temperature, or turn the dial to toggle between Custom, Low and High settings. Press the dial to confirm the change.
4. If you select Custom, you may press the dial to select the default temperature, or turn the dial to adjust the temperature in Fahrenheit (°F) or Celsius (°C). Press the dial to confirm your selection.
5. Press Start to begin warming.
6. When Keep Warm completes, the display indicates End.
Smart Program Settings

To Adjust the Time During Cooking
Press the dial. When the cook time flashes, turn the dial to adjust the cooking time up or down. Press Start to resume the Smart Program.

*Note: Cooking will resume after 10 seconds if Start is not pressed.*

To Adjust the Pressure or Temperature Level During Cooking
Press the dial. When the cook time flashes, press the dial again to toggle to Pressure or Temperature, depending on the Smart Program.

**Pressure:** Turn the dial to toggle between None, Low and High pressure. Press Start to resume the Smart Program.

**Temperature:** Turn the dial to toggle between Custom, Low and High temperature. Press Start to resume the Smart Program.

*Note: Cooking will resume after 10 seconds if Start is not pressed.*

Reset to Factory Default Settings

**Reset Individual Smart Programs**
Turn Sound on. With the cooker in Standby mode (display indicates OFF), press and hold the Smart Program button you wish to reset.

The cooker will beep and restore the Smart Program’s pressure level, cooking time and/or temperature to factory default settings.

**Reset All Smart Programs**
With the cooker in Standby mode (display indicates OFF), press and hold Cancel until the cooker beeps.

All Smart Program pressure levels, cooking times and/or temperatures are restored to factory default settings.
Cleaning Before First Use

Remove & Clean Inner Pot

Remove the inner pot from the cooker base and wash it with hot water and dish soap. Rinse with warm, clear water and use a soft cloth to dry the outside of the inner pot.

*Note: The inner pot is dishwasher safe.*

Wipe the heating element to ensure it is dry and free of stray packing material before returning the inner pot to the cooker base. Failure to do so may damage the cooker.

---

Illustrations are for reference only and may differ from the actual product.

---

**CAUTION**

To avoid risk of personal injury and/or property damage, food must be placed in the inner pot, and never directly in the cooker base. Always use an authorized Instant Pot inner pot made for the Duo Evo Plus when cooking.

**CAUTION**

The inner pot is an integral part of product safety. To avoid personal injury or damage to the appliance, replace a dented, deformed or damaged inner pot with an authorized Instant Pot inner pot made for the Duo Evo Plus. Do not use an inner pot made for a different model in the Duo Evo Plus cooker base. Failure to do so may cause personal injury or property damage.

**WARNING**

Do not fill the inner pot higher than the Max PC Fill (Pressure Cooking Maximum), as indicated on the inner pot. Exercise extreme caution when cooking and venting food such as applesauce, cranberries, pearl barley, oatmeal, split peas, noodles, etc., as these foods may foam, froth, or spatter, and may clog the steam release pipe and/or steam release valve. Do not fill the inner pot higher than the Half Fill line when cooking these foods.
Overview of Pressure Control Features

Get familiar with your Duo Evo Plus control features.

Pressure Cooking Lid

The Instant Pot Duo Evo Plus pressure cooking lid is one of a kind. Improving upon previous designs, the ergonomic handle is comfortable to use whether you are left or right handed, and best of all, the lid is designed to close easily over the handles on the newly designed inner pot.

Ensure that you are using the Duo Evo Plus lid included in the package. Do not use any other Instant Pot pressure cooking lid, or any other non-Instant Pot lid.

Illustrations are for reference only and may differ from the actual product.

**CAUTION** Use only the Instant Pot Duo Evo Plus lid with the Instant Pot Duo Evo Plus pressure cooker. Using any other pressure cooker lid may cause injury and/or damage.
**Overview of Pressure Control Features**

**Open and Remove the Lid**
When the cooker is plugged in, it will play a jingle when the lid is opened and closed.

Grip the handle and turn the lid counter-clockwise until ▼ on the lid is aligned with ● indicator on the rim of the cooker base. Lift the lid up and off of cooker base.

*Note: Always check the lid for damage prior to cooking.*

![Open Lid Diagram](image)

**Close the Lid**
Grip the handle and align the ▼ on the lid with ● indicator on the rim of the cooker base. Lower the lid into the track then turn clockwise until the end of the turn. The quick release switch automatically sets to **Seal** when the lid is closed.

*Note: The cooker will not operate without the lid properly in place. Ensure the lid is fully closed before attempting to operate the cooker.*

![Close Lid Diagram](image)

*Illustrations are for reference only and may differ from the actual product.*
Overview of Pressure Control Features

Sealing Ring

When the pressure cooking lid is closed, the sealing ring installed on the underside of the lid creates an air-tight seal between the lid and the cooker base.

The sealing ring must be installed before using the cooker and should be cleaned after each use. Only 1 sealing ring should be installed in the lid when using the cooker.

Sealing rings stretch over time with normal use. As an integral part of product safety, the sealing ring should be replaced every 12-18 months or sooner if stretching, deformation, or damage is noticed.

Remove the Sealing Ring

Grip the edge of the silicone and pull the sealing ring out from behind the circular stainless steel sealing ring rack.

With the sealing ring removed, inspect the rack to ensure it is secured, centered and an even height all the way around the lid. Do not attempt to repair a deformed sealing ring rack.

Install the Sealing Ring

Place the sealing ring over the sealing ring rack and press it into place. Press down firmly to ensure there is no puckering.

When installed properly, the sealing ring is snug behind the sealing ring rack and should not fall out when the lid is turned over.

Instant Tip: Silicone is porous, so it may absorb strong aromas and certain flavors. Keep extra sealing rings on hand to limit the transfer of those aromas and flavors between dishes. Visit our store to color code your cooking.

Illustrations are for reference only and may differ from the actual product.

⚠️ CAUTION ⚠️ Always check for cuts, deformation, and correct installation of the sealing ring prior to cooking. Do not use a stretched or damaged sealing ring. Only use authorized Instant Pot sealing rings. Failure to follow these instructions may cause food to discharge, which may lead to personal injury or property damage.
Overview of Pressure Control Features

The Float Valve

**Pressurized**
When the float valve is popped up, it indicates the cooker is pressurized.

**Depressurized**
When it is lowered into the lid, it indicates the cooker is depressurized.

Remove the Float Valve from the Lid
Place one finger on the top of the float valve, then turn the lid over. Detach the silicone cap from the bottom side of the float valve. Remove the float valve from the top of the lid.

Do not discard the float valve or silicone cap.

Install the Float Valve
Drop the narrow end of the float valve into the float valve hole on the top of the lid. Place one finger on the top of the float valve, then turn the lid over. Firmly attach the silicone cap to the bottom of the float valve.

Do not attempt to operate the pressure cooker without the float valve and/or silicone cap properly installed in the pressure cooking lid.

Illustrations are for reference only and may differ from the actual product.

⚠️ **DANGER**
While the float valve is up, contents of cooker are under extreme pressure. **Do not attempt to remove the lid.** All pressure must be released, and float valve must be down before opening the lid. Refer to **Depressurizing the Cooker** for information on releasing pressure. Failure to follow these instructions may result in property damage and/or personal injury.
Pressure Cooking With The Duo Evo Plus

Introduction to Pressure Cooking
Pressure cooking uses steam pressure to raise the boiling point of water above 100°C / 212°F. This energy-efficient cooking method is the fastest way to thoroughly cook a variety of your favorite meals.

Pressure cookers go through 3 stages when pressure cooking:

1. Pre-Heating and Pressurization
The display indicates On while the cooker pre-heats, vaporizing liquid in the inner pot to create steam. Once enough steam has built up inside the inner pot, the float valve pops up and locks the lid of the cooker in place for safe pressure cooking.

When the float valve pops up, the silicone cap attached to the bottom of the float valve (on the underside of the lid) seals the steam inside the cooking chamber (the inner pot) and allows the pressure to rise even higher. A higher pressure means a higher cooking temperature.

While it is normal to see some steam escaping through the float valve during Pre-Heating, if you see steam escaping from around the sides of the lid, press Cancel and refer to Troubleshooting.

Note: The time it takes your cooker to pressurize is determined by a variety of factors, including food and liquid volume.

2. Cooking
After the float valve pops up, the cooker needs a few minutes to finish building pressure. When the required pressure level is reached, cooking begins. The display switches from On to the cooking countdown timer, displayed in HH:MM (hours and minutes).

Smart Program settings (e.g., cooking time, temperature and/or pressure level, and whether Keep Warm will come on automatically or not) can be adjusted at any time during cooking. Refer to Smart Program Settings for details.
3. Depressurizing
After pressure cooking completes, follow your recipe instructions to select a venting method for depressurizing the cooker.

If automatic Keep Warm is on after cooking completes, the timer counts up from 00:00 to indicate the elapsed time up to 10 hours. If not, the cooker returns to Standby and displays End.

**Note:** The cooker cools and depressurizes faster if automatic Keep Warm is off.

See [Depressurizing the Cooker](#) for information on releasing pressure after cooking.

---

**DANGER** While the float valve is up, contents of cooker are under extreme pressure. **Do not attempt to remove the lid while the float valve is still up.** All pressure must be released, and float valve must be **down** before attempting to remove the lid. **Never attempt to force the lid open.** Failure to follow the instructions may result in property damage and/or personal injury.
Depressurizing the Cooker

Always follow recipe instructions for depressurizing the cooker.

Venting Methods

Once cooking completes, there are several methods to release pressure:

Natural Release (NR)
Leave the quick release switch in the Seal position. The cooker dissipates heat so pressure releases naturally over time.

Quick Release (QR)
Move the quick release switch from Seal to Vent. Steam releases continuously through the top of the steam release valve.

Note: It will be loud!

If spatter occurs, move the quick release switch back to Seal, and try again after a few minutes. If spatter continues, use NR to vent remaining pressure.

Illustrations are for reference only and may differ from the actual product.

NOTICE
Use NR to depressurize the cooker after cooking high-starch foods (e.g., soups, stews, chilis, pasta, oatmeal and congee) or after cooking foods that expand when cooked (e.g., beans and grains).

NOTICE
Do not use QR when cooking high-starch foods (e.g., stews, chilis, pasta and congee) or when cooking foods that expand when cooked (e.g., beans and grains).
Depressurizing the Cooker

10-Minute NR
Typically used when cooking rice.

Leave the quick release switch in the Seal position for 10 minutes after cooking has completed, then move the quick release switch into the Vent position. Steam releases continuously through the top of the steam release valve.

If continuous spatter occurs while venting, set the quick release switch back to Seal and wait an additional 5 minutes before trying to QR again. If spatter continues, use NR to safely release remaining pressure.

⚠️ DANGER ⚠️ While the float valve is up, contents of cooker are under extreme pressure. Do not attempt to remove the lid while the float valve is still up. All pressure must be released, and float valve must be down before attempting to remove the lid. Never attempt to force the lid open. Failure to follow the instructions may result in property damage and/or personal injury.

⚠️ WARNING ⚠️
- Do not lean over or touch the steam release assembly.
- Do not place unprotected skin over the steam release assembly.
- Do not cover or obstruct the steam release valve or cover.
QuickCool

The Duo Evo Plus lid is equipped with QuickCool technology, which, when paired with the QuickCool Tray*, allows you to release pressure naturally up to 50% faster.

**To remove the QuickCool protective cover**
Grip the tab, push it towards the lid handle and pull up, then pull the cover towards you and off. Set aside.

Add ice to the QuickCool Tray, or add water and freeze the tray, then position the tray on the exposed metal of the lid. Wait for the float valve to drop into the lid, then remove the QuickCool Tray and open the lid.


Illustrations are for reference only and may differ from the actual product.

⚠️ **CAUTION** The lid will be hot during and after cooking. Do not touch the exposed metal with bare skin.
Initial Test Run

Follow these steps to familiarize yourself with your Instant Pot Duo Evo Plus.

Total test time: Approximately 20 minutes.

1. Remove the inner pot from the cooker base.
2. Add 3 cups (24 oz / 750 mL) of water to the inner pot.
3. Insert the inner pot into the cooker base.
4. Connect the power cord to a 120 V power source. The display will indicate OFF.
5. Close the lid as described in Pressure Cooking Basics – 2. Open & Close Lid.  
   Note: The quick release switch will automatically set to Seal when the lid is closed.
6. Press Pressure Cook to select the Pressure Cook Smart Program.
7. Turn the dial to scroll through the preset options. Press the dial to select Custom.
8. When the cook time flashes, turn the dial counter-clockwise to adjust the cook time to 5 minutes.
9. Press Start to begin cooking. The display indicates On. The cooking progress bar indicates Pre-heating.  
   Note: Customization of the cook time, temperature and pressure level are saved to the Smart Program when cooking begins.
10. Once pressurized, Cooking begins. The display changes from On to the cooking time countdown.
11. When the Smart Program is complete the cooker goes to Keep Warm mode.
12. Press Cancel to end Keep Warm and go back to Standby mode.
13. Move the quick release switch to Vent. The steam release valve will release a continuous stream of steam. Steam is hot.
14. The float valve will drop when the pressure has been fully released.
15. Open the lid as described in Pressure Cooking Basics – 2. Open & Close Lid.
16. Discard the water and dry the inner pot.
You’re ready to start cooking!

⚠️ WARNING ⚠️ While the float valve is up, contents of cooker are under extreme pressure. Do not attempt to remove the lid while the float valve is still up. All pressure must be released, and float valve must be down before attempting to remove the lid. Never attempt to force the lid open. Failure to follow the instructions may result in property damage and/or personal injury.
Using Pressure Cooking Smart Programs

Smart Program – Pressure Cook, Rice/Grain, Bake

Whether you are a novice cook or a culinary expert, the Duo Evo Plus provides 3 pressure cooking Smart Programs with 27 preset cooking options to get you cooking – fast!

Follow the steps below when using the Pressure Cook, Rice/Grain, or Bake pressure cooking Smart Programs.

Always inspect your Instant Pot pressure cooking lid, inner pot and cooker base carefully to ensure they are clean and in good working condition before use.

<table>
<thead>
<tr>
<th>Instant Pot Size</th>
<th>Minimum Liquid for Pressure Cooking*</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 Quarts / 5.7 Litres</td>
<td>1 ½ cups (12 oz / 375 mL)</td>
</tr>
<tr>
<td>8 Quarts / 7.6 Litres</td>
<td>2 cups (16 oz / 500 mL)</td>
</tr>
</tbody>
</table>

*Unless otherwise specified in recipe.

Pressure cooking liquids should be water-based, such as broth, stock, soup or juice. If using canned, condensed, or cream-based soup, add water as directed above.

![CAUTION](image)

To avoid scorching or scalding injury, be cautious when cooking with more than 1/4 cup (2 oz / 60 mL) oil, oil-based sauces, condensed cream-based soups, and thick sauces. Add suitable liquid to thin sauces. Avoid recipes that call for more than 1/4 cup (2 oz / 60 mL) of oil or fat content.

For best results when pressure baking, pour batter into an oven-safe baking dish, not directly into the inner pot (unless specified in your recipe), and cover with aluminum foil or an oven-safe lid. Place the baking dish on the steam rack in the inner pot, and leave approximately 1” (2.5 cm) of space around the baking dish to allow heat to circulate evenly.

1. Add water and food to the inner pot as indicated in your recipe. 
   **Note:** When cooking beans or grains, refer to the [Grain-to-Water Ratios](#) for best results.

2. Insert the inner pot into the cooker base.

3. Connect the power cord to a 120 V power source. The cooker goes to Standby mode and the display indicates OFF.

4. Close the lid as described in [Pressure Cooking Basics - 2. Open & Close Lid](#).
   **Note:** The quick release switch will automatically set to Seal when the lid is closed.
Using Pressure Cooking Smart Programs

5. Press the button to select the pressure cooking Smart Program of your choice:
   - Press Pressure Cook. Turn the dial to scroll, then press to select from one of the 15 Preset options (Custom, Soup, Bean, Egg, Rib, Poultry, Chili, Stew, Beef, Pork, Seafood, Broth, Sterilize, Potato, or Broccoli).
   - Press Rice/Grain. Turn the dial to scroll, then press to select from one of the 8 Preset options (Custom, White Rice, Oatmeal, Quinoa, Brown Rice, Risotto, Multigrain, or Porridge).
   - Press Bake. Turn the dial to scroll, then press to select from one of the 4 Preset options (Custom, Pudding, Cake, or Cheesecake).

6. When the cooking time flashes, you may press the dial to select the default time, or turn the dial to adjust the cooking time. Press the dial to confirm the change and go to the next field.
   *Note*: Cooking time adjustments are saved to the Smart Program when cooking begins. Subsequent selection of the Preset will activate the last saved time setting.

7. When the pressure level flashes, you may press the dial to select the default pressure level, or turn the dial to toggle between High and Low pressure. Press the dial to confirm the change.
   *Note*: Bake Smart Program offers the option to cook with no pressure (None). Refer to Using Non-Pressure Cooking Smart Programs for information on adjusting temperature.

8. Keep Warm is automatically activated on Pressure Cook and Rice/Grain Smart Programs. Press Keep Warm to turn the setting off if desired.
   *Note*: Keep Warm is not available on Bake Smart Program.

9. Delay Start can be activated at any time prior to pressing Start. The default setting is 6 hours. This can be adjusted from 10 minutes to 24 hours.

10. Press Start to begin. The display indicates On and the progress bar displays Pre-heating.
    *Note*: Cold or frozen food items take longer to generate steam and slow down pressurization. For the fastest results, thaw frozen ingredients before cooking. Depending on the amount of food and the temperature, the preheat cycle may take up to 40 minutes. As the cooker heats up and pressure builds, the float valve will rise on its own.

11. When the target pressure is reached, the progress indicator will move to Cooking and the display will count down the remaining cooking time.

12. If Keep Warm mode is on when the Smart Program is complete, the cooker counts up to indicate the elapsed time. If not, the cooker goes to Standby mode and the display indicates End.
Using Pressure Cooking Smart Programs

13. When cooking completes, follow recipe directions to select the appropriate venting method. Refer to *Depressurizing the Cooker*.

**Instant Tip:** Use the steam rack to lift foods out of the cooking liquid. This ensures even heat distribution, prevent nutrients from leeching into the cooking liquid, and stop food items from scorching on the bottom of the inner pot.

---

**DANGER**

While the float valve is up, contents of cooker are under extreme pressure. Do not attempt to remove the lid while the float valve is still up. All pressure must be released, and float valve must be down before attempting to remove the lid. Never attempt to force the lid open. Failure to follow the instructions may result in property damage and/or personal injury.

**WARNING**

<table>
<thead>
<tr>
<th>Do not fill inner pot higher than the Max PC Fill line as indicated on the inner pot.</th>
</tr>
</thead>
</table>

When cooking foods that expand (e.g.; rice, beans, pasta) do not fill the inner pot higher than the Half Fill line as indicated on the inner pot.

Always cook with the inner pot in place. Do not pour food or liquid into the cooker base.

To avoid risk of personal injury and/or property damage, place food and liquid ingredients in the inner pot, then insert the inner pot into the cooker base.
Using Non-Pressure Cooking Smart Programs

The Duo Evo Plus provides 6 non-pressure cooking Smart Programs to get you cooking with the touch of a button: Bake, Steam, Slow Cook, Sauté, Sous Vide and Yogurt.

Smart Program: Bake

The no-pressure Bake Smart Program can be used to create decadent brownies, moist banana bread, and much more.

The Bake Smart Program offers 2 customizable Preset options: Custom and Proofing. These settings allow you to choose a cooking temperature from a range of 120°C–175°C / 250°F–347°F, ideal for most baking.

For best results, pour loose batter into a metallic baking dish, not directly into the inner pot (unless specified in your recipe), and cover with aluminum foil or an oven-safe lid.

1. Place the steam rack on the bottom of the inner pot.
2. Place your metallic baking dish on the steam rack in the inner pot.
   
   **Note:** Leave approximately 1” (2.5 cm) of space around all sides of the baking dish to allow heat to circulate evenly.

3. Insert the inner pot into the cooker base.
4. Connect the power cord to a 120 V power source. The cooker goes to Standby mode and the display indicates OFF.
5. Close the lid as described in **Pressure Cooking Basics - 2. Open & Close Lid**.
   
   **Note:** The quick release switch will automatically set to Seal when the lid is closed.

6. Move the quick release switch to the Vent position.
7. Press Bake to select the Bake Smart Program.
8. Press the dial to select the Preset option: Custom.
9. When the cooking time flashes, you may press the dial to select the default time, or turn the dial to adjust the cooking time. Press the dial to confirm the change and go to the next field.
   
   **Note:** Cooking time adjustments are saved to the Smart Program when cooking begins. Subsequent selection of the Preset will activate the last saved time setting.

10. When the pressure level flashes, turn the dial to toggle to None. Press the dial to confirm the change and go to the next field. Pressure field will change to temperature field.
11. When the custom temperature flashes, turn the dial to adjust the temperature in Fahrenheit (°F) or Celsius (°C).
Using Non-Pressure Cooking Smart Programs

12. Press Start to begin. The progress bar displays Pre-heating.
13. When the target temperature is reached, the progress indicator goes to Cooking and the display counts down the remaining cooking time.
14. When the Smart Program is complete, the cooker goes to Standby mode and the display indicates End.

Delay Start and Keep Warm settings are not available on the Custom Bake Smart Program.
Using Non-Pressure Cooking Smart Programs

Smart Program: Steam and Slow Cook

The Steam Smart Program functions as a traditional steamer, boiling liquid in the inner pot to cook food with hot steam.

When using the Steam Smart Program, place the steam rack on the bottom of the inner pot to ensure your food items are steamed and not boiled.

The Slow Cook Smart Program is comparable to the cooking process of traditional slow cookers. The cooker maintains a temperature just below boiling until cooking has completed.

Low – All-day cooking. Set for a minimum of 6 hours for best results.

High – Faster slow cooking.

Follow the steps below when using the Steam and Slow Cook non-pressure cooking Smart Programs.

1. Add food and liquid ingredients to the inner pot as indicated in your recipe.
2. Insert the inner pot into the cooker base.
3. Connect the power cord to a 120 V power source. The cooker goes to Standby mode and the display indicates OFF.
4. Close the lid as described in Pressure Cooking Basics - 2. Open & Close Lid.
   Note: The quick release switch will automatically set to Seal when the lid is closed.
5. Move the quick release switch to the Vent position.
6. Press the button to select the non-pressure cooking Smart Program of your choice:
   - Press Steam. Turn the dial to scroll, then press to select from one of the 4 Preset options (Custom, Sterilize, Potato, and Broccoli).
   - Press Slow Cook. Turn the dial to scroll, then press to select from one of the 7 Preset options (Custom, Rib, Poultry, Chili, Stew, Beef, or Pork).
7. When the cooking time flashes, you may press the dial to select the default time, or turn the dial to adjust the cooking time. Press the dial to confirm the change and go to the next field.
   Note: Cooking time adjustments are saved to the Smart Program when cooking begins. Subsequent selection of the Preset will activate the last saved time setting.
Using Non-Pressure Cooking Smart Programs

8. When the temperature level flashes, you may press the dial to select the default temperature, or turn the dial to toggle between **Low** and **High** settings. Press the dial to confirm the change and go to the next field.
   
   **Note:** *Steam Smart Program temperature is not adjustable.*

9. Keep Warm is automatically activated on the Slow Cook Smart Program. Press **Keep Warm** to turn the setting off if you desire.
   
   **Note:** *Keep Warm is not available on Steam Smart Program.*

10. Delay Start can be activated at any time prior to pressing **Start**. The default setting is **6** hours. This can be adjusted from 10 minutes to 24 hours.

11. Press **Start** to begin. The progress bar displays **Pre-heating**.
   
   **Note:** *Slow Cook Smart Program displays the cooking countdown timer immediately. Steam Smart Program displays On to indicate Pre-heating.*

12. When the target temperature is reached, the progress indicator goes to **Cooking** and the display counts down the remaining cooking time.

13. If Keep Warm mode is on when the Smart Program is complete, the cooker counts up to indicate the elapsed time. If not, the cooker goes to Standby mode and the display indicates **End**.

**Instant Tip:** If you prefer, use an authorized Instant Pot tempered glass lid with the Steam or Slow Cook Smart Programs. Visit our store for purchasing details.
Using Non-Pressure Cooking Smart Programs

Smart Program: Sauté

The Sauté Smart Program is similar to using a frying pan, griddle or flat-top grill. Use Sauté to simmer, reduce and thicken liquids, stir-fry meals, and to caramelize vegetables and sear meat before or after cooking.

1. Ensure the inner pot is in position in the cooker base. Do not use a lid.
2. Connect the power cord to a 120 V power source. The cooker goes to Standby mode and the display indicates OFF.
3. Press Sauté to select the Sauté Smart Program.
   Note: The Preset for the Sauté Smart Program is Custom. No selection is required.
4. When the cooking time flashes, you may press the dial to select the default time, or turn the dial to adjust the cooking time between 1 minute and 1 hour. Press the dial to confirm the change and go to the next field.
   Note: Cooking time adjustments are saved to the Smart Program when cooking begins. Subsequent selection will activate the last saved time setting.
5. When the temperature level flashes, you may press the dial to select the default temperature, or turn the dial to toggle between Custom, Low and High settings. Press the dial to confirm the change and go to the next field.
   Note: When Custom is selected the default temperature level LE 1 will flash. Press the dial to select the default temperature level, or turn the dial to scroll from LE 1 to LE 6. The level scale is similar to an electric stovetop and can be used to reduce, simmer, sauté, stir-fry, sear & brown. Press the dial to select the desired temperature level.
6. Press Start to begin. The display indicates On and the progress bar displays Pre-heating.
7. When the target temperature is reached, the progress indicator goes to Cooking and the display will momentarily indicate Hot before the cooking timer begins counting down.
8. Add recipe ingredients to the inner pot and sauté according to recipe instructions.
   Note: If your food ingredients are added before the inner pot has reached the target temperature, your display may never read Hot. This is normal.
9. If the ingredients have been sautéed to the desired doneness before the time expires, press Cancel to end the Smart Program. If the Smart Program is allowed to complete, the cooker goes to Standby mode and the display indicates End.
Using Non-Pressure Cooking Smart Programs

Delay Start and Keep Warm settings are not available on the Sauté Smart Program.

Deglazing the Inner Pot (Pressure Cooking After Sauté)
Sautéeing meat and vegetables before pressure cooking is the perfect way to boost flavors, as sugars caramelize from the high heat of the Sauté Smart Program.

To pressure cook after using Sauté, deglaze the inner pot to ensure food items do not scorch.

To deglaze, remove food items from the inner pot and add a thin liquid (e.g.; water, broth, wine) to the hot surface. Use a wooden or silicone scraper to loosen anything that may be stuck to the bottom of the inner pot.

⚠️ CAUTION ⚠️
The Sauté Smart Program reaches high temperatures. If unmonitored, food may burn on this setting. Do not use the lid and do not leave your cooker unattended while using Sauté.
Using Non-Pressure Cooking Smart Programs

Smart Program: Sous Vide

The term Sous Vide is French for ‘under vacuum’ and refers to the process of vacuum sealing food, bringing it to a specific temperature, and maintaining that temperature for a period of time to achieve high quality, consistently delicious results.

The Sous Vide Smart Program offers a customizable setting which allows you to choose a cooking temperature from a range of 25°C-90°C / 77°F-194°F, ideal for Sous Vide cooking.

What You’ll Need:

- Tongs
- Thermometer
- Airtight or Vacuum Sealed Food Pouches
- Optional: Vacuum sealer

1. Fill the inner pot to the **Half Fill** mark as indicated on your inner pot.
2. Insert the inner pot into the cooker base.
3. Connect the power cord to a 120 V power source. The cooker goes to Standby mode and the display indicates **OFF**.
4. Close the lid as described in Pressure Cooking Basics - 2. Open & Close Lid. **Note:** The quick release switch will automatically set to **Seal** when the lid is closed. For Sous Vide it does not matter if the quick release switch is set to Seal or Vent.
5. Press **Sous Vide** to select the Sous Vide Smart Program.
6. Turn the dial to scroll through the 6 Preset options: Custom, Egg, Poultry, Beef, Pork or Seafood. Press the dial to confirm your selection and go to the next field.
7. When the custom temperature flashes, you may press the dial to select the default temperature, or turn the dial to adjust the temperature in Fahrenheit (°F) or Celsius (°C). Press the dial to confirm your selection and go to the next field.
8. When the cooking time flashes, you may press the dial to select the default time, or turn the dial to adjust the cooking time. Press the dial to confirm the change.
9. Press **Start** to begin heating the water in the inner pot. The display indicates **On** and the progress bar displays **Pre-heating**.
10. While the water heats, season your food as desired, then separate single servings of food into individual airtight pouches. Remove air from the pouches and seal them tightly.
Using Non-Pressure Cooking Smart Programs

11. Once the set water temperature has been reached the cooker will display Hot. Open the lid and immerse the sealed pouches into the inner pot. Add heated water if needed. The contents of the pouches should be submerged but the seal should remain above the water line.

12. Close the lid as described in Pressure Cooking Basics - 2. Open & Close Lid. Note: For cooking times over 4 hours, check the water level periodically to ensure pouch contents remain submerged. If required, add heated water to the inner pot.

13. Once complete, the display indicates End. Open the cooker and use tongs to carefully remove the pouches from the hot water.

14. Remove the contents from the pouches and use a thermometer to check for doneness. Follow a recipe or refer to the Sous Vide Cooking Guidelines.

15. For the tastiest results, reverse sear meat as described below.

Reverse Searing
Searing your meat after cooking, rather than before, is a great way to boost flavors through caramelization.

After Sous Vide cooking, remove the meat from the cooking pouch and gently pat it dry. Then, sear it lightly in the inner pot with the Sauté Smart Program, or use a pan, browning torch, or grill.

Delay Start and Keep Warm settings are not available on the Sous Vide Smart Program.

Ingredients and Seasonings
- Use high quality, fresh ingredients when cooking Sous Vide to ensure the best possible flavor.
- When seasoning with salt, it is better to use less than you might add normally, especially with meats, poultry, and fish. Instead, salt to taste after cooking.
- Use garlic powder rather than raw garlic. Raw garlic can become bitter and overpowering when cooked Sous Vide. Pure and high-quality garlic powder provides the best results.

Note: Do not use garlic salt in place of garlic powder!

Storing Cooked Food
If your dish is not going to be consumed immediately, plunge pouches into ice water to reduce temperature quickly, then keep refrigerated.

CAUTION: Do not overfill the inner pot. Ensure that total contents (water and food pouches) leave at least 2 inches of space between the brim of the inner pot and the water line.
## Sous Vide Cooking Guidelines

<table>
<thead>
<tr>
<th>Food</th>
<th>Recommended Thickness</th>
<th>Expected Doneness</th>
<th>Cooking Temperature*</th>
<th>Minimum Cooking Time*</th>
<th>Maximum Cooking Time*</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Beef &amp; Lamb</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tender Cuts:</td>
<td>2-5 cm / ½”–2”</td>
<td>Rare</td>
<td>122°F / 50°C</td>
<td>1 hour</td>
<td>4 hours</td>
</tr>
<tr>
<td>Tenderloin, cutlets, sirloin, rib-eye, rump, T-bone, chops</td>
<td></td>
<td>Medium-rare</td>
<td>129°F / 54°C</td>
<td>1.5 hours</td>
<td>4 hours</td>
</tr>
<tr>
<td>Tougher Cuts:</td>
<td>4–6 cm / 1½”–2½”</td>
<td>Medium</td>
<td>140°F / 60°C</td>
<td>1.5 hours</td>
<td>4 hours</td>
</tr>
<tr>
<td>Blade, chuck, shoulder, shanks, game meats</td>
<td></td>
<td>Medium-well</td>
<td>145°F / 63°C</td>
<td>1.5 hours</td>
<td>4 hours</td>
</tr>
<tr>
<td><strong>Poultry</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chicken Breast</td>
<td>3-5 cm / 1”–2”</td>
<td>Soft and Juicy</td>
<td>145°F / 63°C</td>
<td>1.5 hours</td>
<td>4 hours</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Traditionally firm</td>
<td>155°F / 69°C</td>
<td>1 hour</td>
<td>4 hours</td>
</tr>
<tr>
<td>Chicken Thigh</td>
<td>3-5 cm / 1”–2”</td>
<td>Juicy and tender</td>
<td>165°F / 74°C</td>
<td>1 hour</td>
<td>4 hours</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Off-the-bone tender</td>
<td>165°F / 74°C</td>
<td>4 hours</td>
<td>8 hours</td>
</tr>
<tr>
<td>Chicken Leg</td>
<td>5-7 cm / 2”–3”</td>
<td>Juicy and Tender</td>
<td>165°F / 74°C</td>
<td>2 hours</td>
<td>7 hours</td>
</tr>
<tr>
<td>Duck Breast</td>
<td>3-5 cm / 1”–2”</td>
<td>Soft and Juicy</td>
<td>146°F / 64°C</td>
<td>2 hours</td>
<td>4 hours</td>
</tr>
<tr>
<td><strong>Pork</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Belly</td>
<td>3-6 cm / 1”–2½”</td>
<td>Traditionally firm</td>
<td>180°F / 82°C</td>
<td>10 hours</td>
<td>22 hours</td>
</tr>
<tr>
<td>Ribs</td>
<td>2-3 cm / ½”–1½”</td>
<td>Off-the-bone tender</td>
<td>138°F / 59°C</td>
<td>10 hours</td>
<td>22 hours</td>
</tr>
<tr>
<td>Chops</td>
<td>2-4 cm / ½”–2”</td>
<td>Pink and juicy</td>
<td>135°F / 57°C</td>
<td>1 hour</td>
<td>4 hours</td>
</tr>
<tr>
<td></td>
<td></td>
<td>White throughout and juicy</td>
<td>147°F / 64°C</td>
<td>1 hour</td>
<td>4 hours</td>
</tr>
</tbody>
</table>
Using Non-Pressure Cooking Smart Programs

<table>
<thead>
<tr>
<th>Food</th>
<th>Recommended Thickness</th>
<th>Expected Doneness</th>
<th>Cooking Temperature*</th>
<th>Minimum Cooking Time*</th>
<th>Maximum Cooking Time*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fish and Seafood</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fish</td>
<td>2–3 cm /½”–1½”</td>
<td>Soft and buttery</td>
<td>110°F / 43°C</td>
<td>10 minutes</td>
<td>30 minutes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Translucent / starts to flake</td>
<td>115°F / 46°C</td>
<td>20 minutes</td>
<td>45 minutes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medium-rare</td>
<td>125°F / 52°C</td>
<td>20 minutes</td>
<td>45 minutes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medium, dry</td>
<td>130°F / 54°C</td>
<td>20 minutes</td>
<td>45 minutes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Well-done, crumbly</td>
<td>135°F / 57°C</td>
<td>20 minutes</td>
<td>45 minutes</td>
</tr>
<tr>
<td>Shrimp</td>
<td>–</td>
<td>Traditionally firm</td>
<td>140°F / 60°C</td>
<td>30 minutes</td>
<td>45 minutes</td>
</tr>
<tr>
<td>Lobster Tail</td>
<td>–</td>
<td>Soft and buttery</td>
<td>140°F / 60°C</td>
<td>1 hour</td>
<td>1 hour</td>
</tr>
<tr>
<td>Scallops</td>
<td>–</td>
<td>Soft and buttery</td>
<td>140°F / 60°C</td>
<td>30 minutes</td>
<td>30 minutes</td>
</tr>
<tr>
<td>Eggs</td>
<td>Large / Extra Large</td>
<td>Runny</td>
<td>140°F / 60°C</td>
<td>–</td>
<td>45 minutes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Soft boiled</td>
<td>145°F / 62°C</td>
<td>–</td>
<td>45 minutes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medium boiled</td>
<td>150°F / 65°C</td>
<td>–</td>
<td>1 hour</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Hard boiled</td>
<td>165°F / 73.9°C</td>
<td>–</td>
<td>1 hour</td>
</tr>
<tr>
<td>Fruits &amp; Vegetables</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fruits</td>
<td>–</td>
<td></td>
<td>183°F / 83.9°C</td>
<td>15 minutes</td>
<td>2 hours</td>
</tr>
<tr>
<td>Vegetables</td>
<td>–</td>
<td></td>
<td>183°F / 83.9°C</td>
<td>45 minutes</td>
<td>2.5 hours</td>
</tr>
</tbody>
</table>

Cooking times and temperatures are recommendations only. Always follow a trusted recipe.

**CAUTION** Use a meat thermometer to ensure meat reaches a safe minimum internal temperature. Refer to the USDA’s Safe Minimum Internal Temperature Chart for more information.
Using Non-Pressure Cooking Smart Programs

Smart Program: Yogurt

The Yogurt Smart Program is a non-pressure cooking function with 3 preset options to allow you to make different types of fermented dairy and non-dairy recipes.

For best results, follow a recipe when making yogurt.

If you are starting with unpasteurized or pasteurized milk, follow all the steps in “To Make Yogurt” below.

If your milk is ultra-pasteurized, you may skip ahead to “Step 2 - Add Starter Culture”. This method of yogurt making is called “cold start”.

What You’ll Need:

- Food Thermometer
- Milk or a non-dairy alternative
- Active yogurt culture

To Make Yogurt

<table>
<thead>
<tr>
<th>Instant Pot Size</th>
<th>Minimum Milk Volume</th>
<th>Maximum Milk Volume</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 Quarts / 5.7 Litres</td>
<td>4 cups (32 oz / 1000 mL)</td>
<td>4 quarts (128 oz / 3.8 L)</td>
</tr>
<tr>
<td>8 Quarts / 7.6 Litres</td>
<td>6 cups (48 oz / 1500 mL)</td>
<td>6 quarts (192 oz / 5.7 L)</td>
</tr>
</tbody>
</table>

Step 1 – Pasteurization

1. Add recipe ingredients to the inner pot. (Starter culture is added in Step 2.)
   *Note: Whole milk is recommended to achieve a thicker texture.*

2. Insert the inner pot into the cooker base.

3. Connect the power cord to a 120 V power source. The cooker goes to Standby mode and the display indicates OFF.

4. Close the lid as described in Pressure Cooking Basics – 2. Open & Close Lid.
   *Note: The quick release switch will automatically set to Seal when the lid is closed. For Yogurt it does not matter if the quick release switch is set to Seal or Vent.*

5. Press Yogurt to select the Yogurt Smart Program.

6. Turn the dial to scroll to the Preset option: Pasteurize. Press the dial to confirm your selection. The default time for pasteurization is indicated on the display.
   *Note: Pasteurization cooking time and temperature cannot be adjusted.*

7. Press Start to begin pasteurization. The display indicates On and the progress bar displays Pre-heating.
Using Non-Pressure Cooking Smart Programs

8. When the cooker has reached the target temperature, the display indicates **Hot** and the progress bar goes to **Cooking**.

9. The display indicates **End** when pasteurization is complete.

   **Note:** Use a thermometer to ensure that the milk has reached the pasteurization temperature of 161°F / 72°C.

---

**Instant Tip:** For extra thick yogurt, run the Pasteurization cycle twice.

---

**Step 2 - Add Starter Culture**

1. Allow the milk to cool to just below 110°F / 43°C.

2. Add the starter culture to the milk in accordance with the instructions included with the starter culture product.

   **Note:** Plain yogurt with active cultures can also be used as a starter. Follow a trusted Instant Pot® yogurt recipe when using yogurt as a starter culture.

3. Close the lid as described in **Overview of Pressure Control Features – Close the Lid**.

---

**Step 3 - Fermentation**

1. Press **Yogurt** to select the Yogurt Smart Program.

2. Turn the dial to scroll to the Preset option: **Ferment**. Press the dial to confirm your selection and go to the next field.

3. When the time display flashes, you may press the dial to select the default fermentation time of **8** hours, or turn the dial to adjust the timer. Press the dial to confirm your selection and go to the next field.

   **Note:** The longer the fermentation, the tangier the yogurt will taste.

4. When the temperature level flashes, you may press the dial to select the default temperature, or turn the dial to toggle between **Low** and **High** settings. Press the dial to confirm your selection.

   **Note:** The default temperature (High) is recommended for most recipes. If the recipe does not mention a fermentation temperature, use High.

5. Press **Start** to begin. The display will indicate **On** and the progress indicator will display **Pre-heating**.

6. When the Smart Program is complete the display will indicate **End**.

---

**Instant Tip:** For easy Greek-style yogurt, use a cheesecloth to strain the liquid whey from your yogurt.
Using Non-Pressure Cooking Smart Programs

Using the Custom Preset
Some recipes may require a higher or lower temperature for pasteurization and fermentation. Always follow a recipe when using the Custom preset.

The Custom Preset in the Yogurt Smart Program offers a temperature range of 25°C–90°C / 77°F–194°F.

1. Press Yogurt to select the Yogurt Smart Program.
2. Turn the dial to scroll to the Preset option: Custom. Press the dial to confirm your selection and go to the next field.
3. When the time display flashes, you may press the dial to select the default fermentation time of 24 hours, or turn the dial to adjust the timer. Press the dial to confirm your selection and go to the next field.
4. When the temperature flashes, you may press the dial to select the default temperature, or turn the dial to adjust the temperature in Fahrenheit (ºF) or Celsius (ºC). Press the dial to confirm your selection.
5. Press Start to begin. The display will indicate On and the progress indicator will display Pre-heating.
6. When the Smart Program is complete the display will indicate End.

Yogurt Cups
Yogurt cups are a convenient way to portion out your yogurt for serving.

1. After adding the starter culture to the pasteurized milk, carefully pour the milk into your yogurt cups and seal them tightly.
2. Clean the inner pot thoroughly and place the steam rack on the bottom of the inner pot.
3. Place the sealed yogurt cups on the steam rack and add water to the inner pot until the cups are submerged halfway.
4. Follow steps in “Step 3 - Fermentation” above.
# Smart Program Overview

<table>
<thead>
<tr>
<th>Smart Program</th>
<th>Preset</th>
<th>Pressure Level</th>
<th>Temperature Range</th>
<th>Notes for Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pressure Cook</td>
<td>Custom, Soup, Bean, Egg, Rib, Poultry, Chili, Stew, Beef, Pork, Seafood, Broth, Sterilize, Potato, Broccoli</td>
<td>Low/High</td>
<td>-</td>
<td>Higher pressure means higher temperature. Use the steam rack for best results.</td>
</tr>
<tr>
<td>Rice/Grain</td>
<td>Custom, White Rice, Oatmeal, Quinoa, Brown Rice, Risotto, Multigrain, Porridge</td>
<td>Low/High</td>
<td>-</td>
<td><strong>WARNING</strong> When cooking beans and grains, do not use Quick Release after cooking. Food particles may block the anti-block shield and clog the steam release pipe. Use Natural Release for best results.</td>
</tr>
<tr>
<td>Steam</td>
<td>Custom, Sterilize, Potato, Broccoli</td>
<td>None</td>
<td>~212°F / ~100°C</td>
<td>Non-pressure steaming for fish &amp; vegetables. Use a glass lid when steaming, or move the Quick Release Switch in the Vent position. Use the steam rack for best results.</td>
</tr>
<tr>
<td>Sauté</td>
<td>Custom</td>
<td>None</td>
<td>Low/High Custom - LE 1-6</td>
<td><strong>CAUTION</strong> High heat setting. Do not use a lid with Sauté. Reduce, simmer, sauté, stir-fry, sear &amp; brown.</td>
</tr>
<tr>
<td>Slow Cook</td>
<td>Custom, Rib, Poultry, Chili, Stew, Beef, Pork</td>
<td>None</td>
<td>Low/High</td>
<td>Corresponds to common slow cookers. Ensure quick release switch is set to Vent.</td>
</tr>
<tr>
<td>Sous Vide</td>
<td>Custom, Egg, Poultry, Beef, Pork, Seafood</td>
<td>None</td>
<td>Custom</td>
<td>Tender, succulent, restaurant quality results.</td>
</tr>
<tr>
<td>Yogurt</td>
<td>Custom, Pasteurize, Ferment</td>
<td>None</td>
<td>Low/High/Custom</td>
<td>Pasteurize &amp; ferment dairy/non-dairy yogurt.</td>
</tr>
<tr>
<td>Bake</td>
<td>Custom, Cake, Cheesecake, Pudding, Proofing</td>
<td>None/High/Low</td>
<td>Custom</td>
<td>Pressure &amp; non-pressure baking. Use covered oven-safe pans for best results.</td>
</tr>
</tbody>
</table>
### Smart Program Overview

<table>
<thead>
<tr>
<th>Smart Program</th>
<th>Preset</th>
<th>Pressure Level</th>
<th>Temperature Range</th>
<th>Notes for Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Keep Warm</td>
<td>NA</td>
<td>None</td>
<td>Low/High/Custom</td>
<td>Reheat &amp; keep food warm up to 24 hours.</td>
</tr>
</tbody>
</table>

Pressure cooking Smart Programs operate at **High** (9.3 – 11.6psi) or **Low** (4.35 – 7.25psi) pressure. Higher pressure results in higher temperature.
**Recommended Cooking Times**

The following cooking times are recommendations only. Always follow a trusted recipe.

**Pressure Cooking Timetable**

<table>
<thead>
<tr>
<th>Food</th>
<th>Time*</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Vegetables</strong></td>
<td></td>
</tr>
<tr>
<td>Asparagus, Beans (Yellow and Green), Broccoli</td>
<td>1–2 minutes</td>
</tr>
<tr>
<td>Brussels Sprouts, Cabbage (Whole or Wedges), Cauliflower (Florets)</td>
<td>2–3 minutes</td>
</tr>
<tr>
<td>Butternut Squash</td>
<td>4–6 minutes</td>
</tr>
<tr>
<td>Carrots (Whole or Chunks)</td>
<td>6–8 minutes</td>
</tr>
<tr>
<td>Corn (On The Cob)</td>
<td>3–5 minutes</td>
</tr>
<tr>
<td>Potatoes (Large, Whole)</td>
<td>12–15 minutes</td>
</tr>
<tr>
<td>Potatoes (Small, Whole)</td>
<td>8–10 minutes</td>
</tr>
<tr>
<td>Potatoes (Cubed)</td>
<td>3–4 minutes</td>
</tr>
<tr>
<td>Sweet Potatoes (Whole)</td>
<td>12–15 minutes</td>
</tr>
<tr>
<td>Sweet Potatoes (Cubed)</td>
<td>2–4 minutes</td>
</tr>
<tr>
<td><strong>Meat &amp; Eggs</strong></td>
<td></td>
</tr>
<tr>
<td>Beef (Stew)</td>
<td>20 minutes (per 450 g / 1 lb)</td>
</tr>
<tr>
<td>Beef (Large Pieces), Beef (Ribs)</td>
<td>20–25 minutes (per 450 g / 1 lb)</td>
</tr>
<tr>
<td>Chicken (Breasts)</td>
<td>6–8 minutes (per 450 g / 1 lb)</td>
</tr>
<tr>
<td>Chicken (Whole)</td>
<td>8 minutes (per 450 g / 1 lb)</td>
</tr>
<tr>
<td>Chicken (Bone Stock)</td>
<td>40–50 minutes</td>
</tr>
<tr>
<td>Lamb (Leg), Pork (Butt Roast)</td>
<td>15 minutes (per 450 g / 1 lb)</td>
</tr>
<tr>
<td>Pork (Baby Back Ribs)</td>
<td>15–20 minutes (per 450 g / 1 lb)</td>
</tr>
<tr>
<td>Eggs</td>
<td>Hard: 5 mins</td>
</tr>
<tr>
<td><strong>Beans &amp; Lentils (Dry &amp; Soaked)</strong></td>
<td></td>
</tr>
<tr>
<td>Black Beans</td>
<td>D: 20–25 mins / S: 6–8 mins</td>
</tr>
<tr>
<td>Black-eyed Peas</td>
<td>D: 14–18 mins / S: 4–5 mins</td>
</tr>
<tr>
<td>Chickpeas</td>
<td>D: 35–40 mins / S: 10–15 mins</td>
</tr>
<tr>
<td>Kidney Beans (Red), Navy Beans</td>
<td>D: 20–25 mins / S: 7–8 mins</td>
</tr>
<tr>
<td>Kidney Beans (White), Pinto Beans</td>
<td>D: 25–30 mins / S: 6–9 mins</td>
</tr>
<tr>
<td>Lentils (Green)</td>
<td>D: 8–10 mins / S: N/A</td>
</tr>
<tr>
<td>Lentils (Yellow)</td>
<td>D: 1–2 mins / S: N/A</td>
</tr>
<tr>
<td>Lima Beans</td>
<td>D: 12–14 mins / S: 6–10 mins</td>
</tr>
<tr>
<td>Soybeans</td>
<td>D: 35–45 mins / S: 18–20 mins</td>
</tr>
</tbody>
</table>
## Recommended Cooking Times

<table>
<thead>
<tr>
<th>Food</th>
<th>Time*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seafood</td>
<td></td>
</tr>
<tr>
<td>Fish (Whole)</td>
<td>4-5 minutes</td>
</tr>
<tr>
<td>Fish (Fillet), Lobster</td>
<td>2-3 minutes</td>
</tr>
<tr>
<td>Mussels</td>
<td>1-2 minutes</td>
</tr>
<tr>
<td>Shrimp (Or Prawn)</td>
<td>1-3 minutes</td>
</tr>
<tr>
<td>Seafood Stock</td>
<td>7-8 minutes</td>
</tr>
</tbody>
</table>

## Grain-to-Water Ratios

<table>
<thead>
<tr>
<th>Rice or Grain Type</th>
<th>Grain : Water Ratio</th>
</tr>
</thead>
<tbody>
<tr>
<td>White or Brown Rice</td>
<td>1:1 cup</td>
</tr>
<tr>
<td>Quinoa</td>
<td>1:3/4 cup</td>
</tr>
<tr>
<td>Oatmeal</td>
<td>1:3 cups</td>
</tr>
<tr>
<td>Risotto</td>
<td>1:2 cups - add additional wine to taste</td>
</tr>
<tr>
<td>Porridge</td>
<td>1:10 cups</td>
</tr>
</tbody>
</table>

Use a meat thermometer to ensure meat reaches a safe minimum internal temperature. Refer to the USDA's Safe Minimum Internal Temperature Chart for more information.

Visit our website for a complete list of cooking timetables.
Clean your Instant Pot after each use. Always unplug the Duo Evo Plus and let it cool to room temperature before cleaning. Let all surfaces dry thoroughly before use and before storage.

### Care and Cleaning

<table>
<thead>
<tr>
<th>Part</th>
<th>Instruction</th>
<th>Cleaning Method</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Accessories</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Condensation Collector</td>
<td>Wash after each use</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Never use harsh chemical detergents, powders or scouring pads on accessories</td>
<td></td>
</tr>
<tr>
<td></td>
<td>For dishwasher, place on top rack</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Empty and rinse condensation collector after each use</td>
<td></td>
</tr>
<tr>
<td><strong>Lid &amp; Parts</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Steam Release Valve</td>
<td>Wash after each use with hot water and mild dish soap and allow to air dry, or place in top rack of dishwasher</td>
<td>Dishwasher Safe* and Hand Washable</td>
</tr>
<tr>
<td>• Steam Release Cover</td>
<td>Remove all parts from lid before dishwashing</td>
<td></td>
</tr>
<tr>
<td>• Quick-Cool Cover</td>
<td>With steam release valve and anti-block shield removed, clean interior of steam release pipe to prevent clogging</td>
<td></td>
</tr>
<tr>
<td>• Anti-Block Shield</td>
<td>To drain water from the lid after dishwashing, grasp the lid handle and hold the lid vertically over a sink, then turn it 360°—such as turning a steering wheel</td>
<td></td>
</tr>
<tr>
<td>• Sealing Rings</td>
<td>After cleaning, store the lid upside down on the cooker base</td>
<td></td>
</tr>
<tr>
<td>• Float Valve</td>
<td>Store sealing rings in a well-ventilated area to decrease residual odor of flavorful meals. To eliminate odors, add 1 cup (8 oz / 250 mL) water and 1 cup (8 oz / 250 mL) white vinegar to inner pot, and run Pressure Cook for 5-10 minutes, then Quick Release pressure</td>
<td></td>
</tr>
<tr>
<td>• Silicone Cap</td>
<td>More acute hard water staining may require a vinegar dampened sponge and some scrubbing to remove. If there is tough or burned food residue at the bottom, soak in hot water for a few hours for easy cleaning</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wash after each use</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ensure all exterior surfaces are dry before placing in cooker base</td>
<td></td>
</tr>
<tr>
<td><strong>Inner Pot</strong></td>
<td>Use a barely-damp cloth to wipe any particles off power cord</td>
<td>Damp Cloth Only</td>
</tr>
<tr>
<td><strong>Power Cord</strong></td>
<td>Wipe the inside of the outer pot as well as the condensation rim with a barely-damp cloth, and allow to air dry</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Clean cooker base and control panel with a soft, barely-damp cloth or sponge</td>
<td></td>
</tr>
</tbody>
</table>

*Some discoloration of parts may occur after machine washing. This will not affect the safety nor the performance of the cooker.*

**WARNING**

- Ensure heating element remains dry at all times.
- Do not immerse cooker base in water or attempt to cycle through dishwasher.
- Do not submerge power cord at any time.
- Do not wet prongs of power cord.
Troubleshooting

Register your product today.

Contact Customer Care:
1-800-828-7280
support@instantpot.com
instantpot.com/#Chat

<table>
<thead>
<tr>
<th>Problem</th>
<th>Possible Reason</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Difficulty closing lid</strong></td>
<td>Sealing ring not properly installed</td>
<td>Reposition sealing ring, ensure it is snug behind sealing ring rack.</td>
</tr>
<tr>
<td></td>
<td>Float valve in the popped-up position</td>
<td>Gently press the float valve downward with a long utensil.</td>
</tr>
<tr>
<td></td>
<td>Contents in cooker are still hot</td>
<td>Move quick release switch into Vent position, then lower lid onto cooker base slowly, allowing heat to dissipate.</td>
</tr>
<tr>
<td><strong>Difficulty opening lid</strong></td>
<td>Pressure inside the cooker</td>
<td>Release pressure according to recipe; only open lid after float valve has dropped down.</td>
</tr>
<tr>
<td></td>
<td>Float valve stuck at the popped-up position due to food debris or residue</td>
<td>Ensure steam is completely released by quick releasing pressure, then press float valve gently with a long utensil. Open lid cautiously and thoroughly clean float valve, surrounding area, and lid before next use.</td>
</tr>
</tbody>
</table>

⚠️ **DANGER** Contents may be under pressure; to avoid scalding injury, do not attempt to force lid open.

| Inner pot is stuck to lid when cooker is opened | Cooling of inner pot may create suction, causing inner pot to adhere to the lid | To release the vacuum, move quick release switch into Vent position. |
| **Steam leaks from side of lid** | No sealing ring in lid | Install sealing ring. |
| | Sealing ring damaged or not properly installed | Replace sealing ring. |
| | Food debris attached to sealing ring | Remove sealing ring and clean thoroughly. |
| | Lid not closed properly | Open, then close lid. |
| | Sealing ring rack is warped or off-centre | Remove sealing ring from lid, check sealing ring rack for bends or warps. Contact Customer Care. |
| | Inner pot rim may be misshapen | Check for deformation and contact Customer Care. |
## Troubleshooting

<table>
<thead>
<tr>
<th>Problem</th>
<th>Possible Reason</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Float valve does not rise</td>
<td>Food debris on float valve or float valve silicone cap</td>
<td>Remove float valve from lid and clean thoroughly. Perform the Initial Test Run to check for function. Record findings and contact Customer Care.</td>
</tr>
<tr>
<td></td>
<td>Too little liquid in the inner pot</td>
<td>Check for scorching on bottom of inner pot; remove if necessary. Add thin, water-based liquid to inner pot based on size: 6 Qt: 1 1/2 cups (12 oz / 375 mL) 8 Qt: 2 cups (16 oz / 500 mL)</td>
</tr>
<tr>
<td></td>
<td>Float valve silicone cap damaged or missing</td>
<td>Install or replace float valve.</td>
</tr>
<tr>
<td></td>
<td>Float valve obstructed by lid-locking mechanism</td>
<td>Tap float valve with a long utensil. If the float valve does not drop, turn the cooker off. Contact Customer Care.</td>
</tr>
<tr>
<td></td>
<td>No heat in the inner pot</td>
<td>Perform the Initial Test Run to check for function. Record findings and contact Customer Care.</td>
</tr>
<tr>
<td></td>
<td>Inner pot base may be damaged</td>
<td>Perform the Initial Test Run to check for function. Record findings and contact Customer Care.</td>
</tr>
<tr>
<td>Minor steam leaking/ hissing from steam release valve during cook cycle</td>
<td>Quick release switch not in Seal position</td>
<td>Move quick release switch to the Seal position.</td>
</tr>
<tr>
<td></td>
<td>Cooker is regulating excess pressure</td>
<td>This is normal; no action required.</td>
</tr>
<tr>
<td>Steam gushes from steam release valve when quick release switch is in Seal position</td>
<td>Not enough liquid in the inner pot</td>
<td>Add thin, water-based liquid to inner pot based on size: 6 Qt: 1 1/2 cups (12 oz / 375 mL) 8 Qt: 2 cups (16 oz / 500 mL)</td>
</tr>
<tr>
<td></td>
<td>Pressure sensor control failure</td>
<td>Contact Customer Care.</td>
</tr>
<tr>
<td></td>
<td>Steam release valve not seated properly</td>
<td>Move quick release switch to the Seal position.</td>
</tr>
<tr>
<td>Display remains blank after connecting the power cord</td>
<td>Bad power connection or no power</td>
<td>Inspect power cord for damage. If damage is noticed, contact Customer Care. Check outlet to ensure it is powered.</td>
</tr>
<tr>
<td></td>
<td>Cooker’s electrical fuse has blown</td>
<td>Contact Customer Care.</td>
</tr>
</tbody>
</table>
## Troubleshooting

<table>
<thead>
<tr>
<th>Problem</th>
<th>Possible Reason</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Error code appears on display and cooker beeps continuously</td>
<td></td>
<td></td>
</tr>
<tr>
<td>C1, C2, C6, C6H, C6L</td>
<td>Faulty sensor</td>
<td>Contact Customer Care.</td>
</tr>
<tr>
<td>C7 or NoPr</td>
<td>Heat element has failed</td>
<td>Contact Customer Care</td>
</tr>
<tr>
<td></td>
<td>Not enough liquid</td>
<td>Add thin, water-based liquid to inner pot based on size: 6 Qt: 1 1/2 cups (12 oz / 375 mL) 8 Qt: 2 cups (16 oz / 500 mL)</td>
</tr>
<tr>
<td></td>
<td>Quick release switch is in the Vent position</td>
<td>Move quick release switch to the Seal position.</td>
</tr>
<tr>
<td>C8</td>
<td>Wrong inner pot in cooker base.</td>
<td>Insert the correctly sized inner pot with easy-grip handles into the cooker base.</td>
</tr>
<tr>
<td>Lid</td>
<td>Lid is not in the correct position for the selected program</td>
<td>Open and close the lid. Do not use a lid when using Sauté.</td>
</tr>
<tr>
<td>OvHt / Burn / Food burn</td>
<td>High temperature detected at bottom of inner pot; cooker automatically reduces temperature to avoid overheating</td>
<td>Starch deposits at the bottom of the inner pot may have blocked heat dissipation. Turn the cooker off, release pressure according to the recipe and inspect the bottom of the inner pot.</td>
</tr>
<tr>
<td>PrSE</td>
<td>Pressure has accumulated during a non-pressure cooking program</td>
<td>Move quick release switch to the Vent position.</td>
</tr>
<tr>
<td>Occasional clicking or light cracking sound</td>
<td>The sound of power switching and expanding pressure board when changing temperatures</td>
<td>This is normal; no action needed.</td>
</tr>
<tr>
<td></td>
<td>Bottom of the inner pot is wet</td>
<td>Wipe exterior surfaces of inner pot. Ensure heating element is dry before inserting inner pot into cooker base.</td>
</tr>
</tbody>
</table>

Any other servicing should be performed by an authorized service representative.
Warranty

Limited Warranty

This Limited Warranty is effective for one year from the date of original consumer purchase. Proof of original purchase date and, if requested by an authorized representative of Instant Brands Inc. (“Instant Brands”), return of your appliance, is required to obtain service under this Limited Warranty. Provided that this appliance is operated and maintained in accordance with written instructions attached to or furnished with the appliance, Instant Brands will, in its sole and exclusive discretion, either: (i) repair defects in materials or workmanship; or (ii) replace the appliance. In the event that your appliance is replaced, the Limited Warranty on the replacement appliance will expire 12 months from the date of original consumer purchase.

This Limited Warranty extends only to the original purchaser and use of the appliance in the United States of America and Canada. This warranty does not cover units that are used outside of the United States of America and Canada.

Any modification or attempted modification to your appliance may interfere with the safe operation of the appliance and will void this Limited Warranty. This Limited Warranty does not apply in respect of any appliance or any part thereof that has been altered or modified unless such alterations or modifications were expressly authorized by an Instant Brands representative.

Limitation and Exclusions

The liability of Instant Brands, if any, for any allegedly defective appliance or part shall in no circumstances exceed the purchase price of a comparable replacement appliance.

This Limited Warranty does not cover:

1. Damage resulting from accident, alteration, misuse, abuse, neglect, unreasonable use, use contrary to the operating instructions, normal wear and tear, commercial use, improper assembly, disassembly, failure to provide reasonable and necessary maintenance, fire, flood, acts of God or repair by anyone unless directed by an Instant Brands Representative;

2. Repairs where your appliance is used for other than normal, personal use or when it is used in a manner that is contrary to published user or operator instructions; or

3. Use of unauthorized parts and accessories, or repairs to parts and systems resulting from unauthorized repairs or modifications made to this appliance.

The cost of repair or replacement under these excluded circumstances shall be paid by you.
Disclaimer of Implied Warranties

EXCEPT AS EXPRESSLY PROVIDED HEREIN AND TO THE EXTENT PERMITTED BY LAW, INSTANT BRANDS MAKES NO WARRANTIES, CONDITIONS OR REPRESENTATIONS, EXPRESS OR IMPLIED, BY STATUTE, USAGE, CUSTOM OF TRADE OR OTHERWISE WITH RESPECT TO THE APPLIANCES OR PARTS COVERED BY THIS WARRANTY, INCLUDING BUT NOT LIMITED TO, WARRANTIES, CONDITIONS, OR REPRESENTATIONS OF WORKMANSHIP, MERCHANTABILITY, MERCHANTABILITY QUALITY, FITNESS FOR A PARTICULAR PURPOSE OR DURABILITY.

Some states or provinces do not allow for the exclusion of implied warranties of merchantability or fitness, so this limitation may not apply to you. In these states and provinces, you have only the implied warranties that are expressly required to be provided in accordance with applicable law.

Limitation of Remedies; Exclusion of Incidental and Consequential Damage

YOUR SOLE AND EXCLUSIVE REMEDY UNDER THIS LIMITED WARRANTY SHALL BE APPLIANCE REPAIR OR REPLACEMENT AS PROVIDED HEREIN. INSTANT BRANDS SHALL NOT BE LIABLE FOR INDIRECT, INCIDENTAL OR CONSEQUENTIAL DAMAGES ARISING OUT OF OR IN CONNECTION WITH THE USE OR PERFORMANCE OF THE APPLIANCE OR DAMAGES WITH RESPECT TO ANY ECONOMIC LOSS, PERSONAL INJURY, LOSS OF PROPERTY, LOSS OF REVENUES OR PROFITS, LOSS OF ENJOYMENT OR USE, COSTS OF REMOVAL, INSTALLATION OR OTHER INDIRECT, INCIDENTAL OR CONSEQUENTIAL DAMAGES OF ANY NATURE OR KIND.

Warranty Registration

Please visit www.instantpot.com/support/register to register your new Instant Brands™ appliance and validate your warranty within thirty (30) days of purchase. You will be asked to provide the store name, date of purchase, model number (found on the back of your appliance) and serial number (found on the bottom of your appliance) along with your name and email address. The registration will enable us to keep you up to date with product developments, recipes and contact you in the unlikely event of a product safety notification. By registering, you acknowledge that you have read and understand the instructions for use, and warnings set forth in the accompanying instructions.

Warranty Service

To obtain service under this warranty, please contact our Customer Service Department by phone at 1-800-828-7280 or by email to support@instantpot.com. You can also create a support ticket online at www.instantpot.com/support. If we are unable to resolve the problem, you may be asked to send your appliance to the Service Department for quality inspection. Instant Brands is not responsible for shipping costs related to warranty service, save and except for shipping costs associated with the return of your appliance from Canada or within the 48 contiguous states and the District of Columbia of the United States of America, as provided herein. When returning your appliance, please include your name, mailing address, email address, phone number, and proof of the original purchase date as well as a description of the problem you are encountering with the appliance.